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Ordinary people doing extraordinary things: responses to stigmatization in comparative perspective

Michèle Lamont and Nissim Mizrahi

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Abstract

This special issue offers a first systematic qualitative cross-national exploration of how diverse minority groups respond to stigmatization in a wide variety of contexts. This research is the culmination of a coordinated study of stigmatized groups in Brazil, Israel and the USA, as well as of connected research projects conducted in Canada, France, South Africa and Sweden. The issue sheds light on the range of destigmatization strategies ordinary people adopt in the course of their daily life. Articles analyse the cultural frames they mobilize to make sense of their experiences and to determine how to respond; how they negotiate and transform social and symbolic boundaries; and how responses are enabled and constrained by institutions, national ideologies, cultural repertoires and contexts. The similarities and differences across sites provide points of departure for further systematic research, which is particularly needed in light of the challenges for liberal democracy raised by multiculturalism.

Keywords: Racism; anti-racism; stigma; destigmatization; identity; national ideologies.

Why this special issue? Why now?

There is a growing body of social science research on how members of ethno-racially stigmatized groups understand and respond to stigmatization, exclusion, misrecognition, racism and discrimination.¹ Building on this literature, this special issue offers a panoramic view of how everyday responses to stigmatization contribute to the transformation of group boundaries across a range of national contexts. We present

new research that broadens and consolidates an emerging theoretical agenda. This research is the culmination of a coordinated study of stigmatized groups in Brazil, Israel and the USA, as well as of connected research projects conducted in other sites (Canada, France, South Africa and Sweden).

Our point of departure is Goffman (1963), who shows how individuals with discredited or 'spoiled' identities take on the responsibility of managing interaction to prevent discomfort in others while preserving their own sense of self-worth. Feelings of stigmatization can be routine or traumatic and triggered by specific events – just as racism can be perceived as ongoing or situation-specific (Williams, Neighbors and Jackson 2008).

Everyday responses to stigmatization are here defined as the rhetorical and strategic tools deployed by individual members of stigmatized groups in reaction to perceived stigmatization, racism and discrimination.² While psychologists have considered how individuals cope with various types of stigma (Oyserman and Swim 2001),³ they do not consider how these responses are associated with broader social factors – particularly with racial formation (Omi and Winant 1994) and the cultural repertoires that are variously available across contexts (Swidler 1986; Lamont and Thévenot 2000; Mizrachi, Drori and Anspach 2007). This concern with how cultural and structural contexts enable and constrain individual and group responses is one of the distinctive features of our contribution. Moreover, while social psychologists tell us that individuals cope with discrimination by privileging their in-group as the reference group (Crocker, Major and Steele 1998), we move beyond intra-psychological processes to study inductively a broader range of responses to stigmatization, and their relative salience, in meaning-making. Moreover, we deepen the analysis by showing the importance of national contexts and national ideologies and definitions of the situation in shaping responses to stigmatization.

Simmel (1971), Weber (1978b [1956]), and countless others, told us that group formation is a fundamental social process. It involves closure and opportunity hoarding (Tilly 1998), differentiation (Blau 1970), network formation (McPherson, Smith-Lovin and Brashears 2006) and a number of other group processes (e.g. Fine 1979). While recent research focuses on the origins of group boundaries and particularly the role of the state in their formation (Wimmer and Min 2006), we are more concerned with how boundaries are accomplished through the unfolding of everyday interaction and the frames that ordinary people use, which interact with collective myths about the nation (Castoriadis 1987; Bouchard 2009). Thus, we consider how in various national contexts, defined by different histories of intergroup relations, collective myths and socio-demographic profiles, ordinary people claim

inclusion, affirm their distinctiveness, contest and denounce stereotyping and claim their rights in the face of discriminatory behaviour and other more subtle slights to their sense of dignity.

Despite (and because of) an abundance of historical and sociological studies concerning resistance (e.g. the role of religion in fostering resilience among African American women in the face of discrimination (Frederick 2003) or politicization among young Palestinian citizens of Israel (Rabinowitz and Abu-Baker 2005)), there is a need for more systematic and cumulative inquiry into responses to stigmatization. Following everyday experiences and everyday practices enables a fresh dialogue about society from the perspective of marginalized groups (Hooks 1990; Harding 1993; Stoetzler and Yuval-Davis 2002). Shifting the discussion to everyday life makes it possible to go beyond a rigid approach to the binary distinction between public and private, and to analyse everyday practices of individuals as social sites for the transformation of social hierarchies. Choices made in everyday life form the politics of small things (Goldfarb 2006; Herzog 2009). At various times they may clash with or reinforce group boundaries as defined by public policies or state-sanctioned representations (e.g. see Bail 2008). Examining them more closely is essential for a more comprehensive understanding of the making and unmaking of group boundaries.

The time is ripe for the pursuit of these objectives. In the USA, the election of Barack Obama raised awareness concerning the transformation of stigmatized identities. Social scientists have asked whether this change signals a broadening of predominant definitions of cultural membership, as well as a heightened awareness of differentiation among blacks (opposing middle-class and ghetto blacks) (e.g. Bobo and Charles 2009; Kloppenber 2010; Sugrue 2010). This election also became an important point of reference around the planet, as it triggered countless scholarly conversations and public debates about the place given to subordinated minority groups in national myths and political systems. It confirmed that the progress of African Americans is an unavoidable point of reference for minority groups elsewhere. Thus, this watershed election provided the occasion to examine more closely the constitution of racial and ethnic identity and group membership in a global context to complement a growing literature on the comparative study of racism and anti-racism.⁴

Shared theoretical background

The papers included in this special issue share several points of departure concerning racial identification and group formation. First, following Jenkins (1996) on social identity, we understand the latter as resulting from both self-identification (e.g. what it means for African

Americans to belong to this group) and group categorization (the meaning given to this group by out-group members) (see also Cornell and Hartman 1997). Hence, understanding responses to stigmatization requires considering the formation of collective identities: how 'us' and 'them' are mutually defined, and how individuals and groups engage in boundary work in responding to stigmatization, both in private (when they ruminate about past experiences and how to make sense of their experiences) and in public (when they interact with others while reacting to specific events or incidents). However, in contrast to Jenkins' earlier formulations, we are inspired not only by social psychology, but also by the growing literature in cultural sociology that considers cultural repertoires (the cultural 'supply-side'), as well as the conditions that make it more likely that members of groups will draw on some rather than other strategies available in their cultural toolkits in formulating their responses (e.g. Lamont 1992). National contexts make various kinds of rhetorics more or less readily available to social actors (e.g. 'market' versus 'civil' rhetorics in France and the USA (Lamont and Thévenot 2000)), as our comparative analyses of responses to stigmatization reveals. We explore whether and how references to such repertoires are present in working-class and middle-class destigmatization strategies.

Second, together with Todd (2005), Wimmer (2008), Brubaker (2009) and others, we are concerned not only with social identity but also with identification processes and the development of groupness. However, we are centrally concerned not only with cognition but also with the role of emotion (particularly anger, pain, pride and other feelings directly associated with identity management – see Archer 2000; Summers-Effler 2002; Collins 2004; Bail 2011). As will be evident to the reader, there are wide variations in the extent to which ethno-racial categories are consolidated and salient across contexts; these influence whether respondents will readily interpret their experience of inter-group relationships through ethno-racial or other lenses. We also connect the drawing of group boundaries to everyday morality (e.g. Lamont 2000 and Sayer 2005, in the case of class). We are concerned with the self and the extent to which ready-made racial and ethnic identities, as compared to other markers (gender, religion, class or nationhood), are available for individuals when constructing their personal identity.

Third, we consider social identity and group formation in the context of state or national ideology and collective history. These operate as cultural structures that constrain and enable different views of the self (Giddens 1984), including group identity. While other classical contributions to comparative race relations remain more exclusively focused on political ideology and state structures (e.g. Marx 1998; Lieberman 2005) or elite discourse (e.g. Van Dijk 1993;

Eyerman 2002),⁵ some of the papers included in this issue (e.g. Mizrachi and Herzog) connect such ideologies to micro-level cultural orientations and actions of ordinary people, which continuously feed into the transformation of group boundaries. More specifically, we aim to connect the political level (definitions of the polity and of cultural membership) to individual strategies by showing how macro repertoires affect micro strategies in increasingly globalized contexts. In such settings, cultural referents such as the logic of rights, hip hop culture, the black power movement and anti-Americanism are becoming more salient as tools for self-definition across national cases.

Methodological and conceptual approaches

Whether implicitly or explicitly, most of the papers included in this special issue embrace the methodological standpoint that the juxtaposition of cases and the use of an inductive, bottom-up approach can reveal unanticipated racial conceptualizations (Morning 2009) and responses to stigmatization that would otherwise remain invisible. We also focus on national cases where inter-group boundaries are more or less porous, policed or crossable, so as to consider the impact of the permeability of boundaries on responses – and eventually draw generalizations about the relationship between racial regime and anti-racist strategies (Lamont and Bail 2005). Again, we show that some responses are more likely in some contexts than in others, being enabled by distinct cultural repertoires. For instance, Afro-Brazilians use the metaphor of ‘racial mixture’ to affirm their national belonging by invoking blurred racial symbolic boundaries (Silva and Reis in this issue); and Mizrahi Jews contest discrimination in ways that do not threaten their position as legitimate members of the Israeli polity, drawing on and reinforcing a definition of group membership that is based on shared religion (Mizrachi and Herzog in this issue). These papers show how different cultural repertoires (e.g. the national myth of ‘racial mixture’ in Brazil or the Zionist melting pot ideology in Israel) are mobilized by individuals to make claims concerning their moral worth, membership and similarity (or even superiority) to majority group members. Finally, situating responses to stigmatization in various national contexts highlights the singularity of the American case, where the level of distrust toward the white majority is particularly high and where ‘confronting’ is the majority response among African Americans interviewed.

New developments in cognitive sociology, cultural anthropology and cultural psychology (D’Andrade 1995; DiMaggio 1997; Schweder, Minow and Markus 2002) have opened up novel theoretical as well as methodological avenues for research. These have yet to fully penetrate research in the field of immigration, ethnicity and citizenship. Too often

this literature remains committed to the use of a broad concept of relatively coherent 'ethnic culture' that downplays internal group differences, overlooks hybrid cultural practices and emphasizes shared values transmitted by parents or national contexts. In contrast, cultural sociologists have proposed a range of analytical tools such as 'repertoire', 'symbolic boundaries', 'frame' and 'narrative', to capture with greater specificity a variety of cultural processes. These tools are being applied to the study of the role of culture in the reproduction of poverty (Lamont and Small 2008; Harding, Lamont and Small 2010). They are also put to use in a number of more recent American studies concerning racial and ethnic identity (Patillo-McCoy 1999; Small 2004; Lacy 2007; Morning 2009; Warikoo, forthcoming; for a review, see Skrentny 2008).

We locate responses to stigmatization within a broader general sociology of classification and folk understandings about equality, with how members of stigmatized groups understand their cultural specificity and differences, and their relative positioning in the world. Furthermore, we view boundary work, meaning-making and folk classification as relating to ordinary people's daily management of heterogeneity and similarity within and between groups. Analytical devices, such as boundary work, commensuration and orders of worth (Boltanski and Thévenot 1991; Espeland and Stevens 1998; Lamont and Molnár 2002), can be mobilized to capture similarities in and differences between how ordinary people think about universalism, difference and particularism, among other concepts.

Intellectual and social significance

The theoretical significance of the project lies beyond its contribution to the development of a general grounded theory of responses to stigmatization. It also contributes to several literatures by opening new vistas in the study of anti-racism. First the philosophical literature on the politics of distribution and recognition (Taylor 1994; Fraser and Honneth 2003) and communitarianism (Walzer 1997; Sen 1998) has considered neither how non-elite individuals from stigmatized groups cope with the challenge of creating equality, nor the place of universalism and multiculturalism (or particularism) in this process.⁶ Second, social scientists working on social movements, such as the American civil rights movement (McPherson 1975; McAdam, Tarrow and Tilly 2001) or worldwide nationalist movements and anti-racist non-governmental organizations (Omi 1993), have yet to explore how the frames promoted by social movements connect with the everyday anti-racist strategies of ordinary people (also Hobson 2003). Our project will help to create this bridge, by looking beyond the confines of social movements to study recognition struggles in the context of

'boundary-making activities' (also Wimmer 2008). Third, while the literature on anti-racism is undergoing a shift from a philosophical focus (e.g. Taguieff 1991) to a focus on anti-racist practices (e.g. Lentin 2004), recent scholarship has established that states vary widely in their 'culturally responsive policies' toward minority groups. Such policies apparently affect the extent to which groups direct their efforts toward specific institutions when claiming recognition and rights (Modood 1997; Kymlicka 2004). We also contribute to the study of cultural citizenship (Ong 1996; Bodemann and Yurdakul 2006) and citizenship regimes (Jenson and Phillips 2002) in connection with models of inclusion (Hall and Lamont 2011).

Contributions

Taken together, the studies in this issue provide a systematic analysis of how minority groups cope with stigma in a variety of national contexts. We now frame each of these papers to provide a wider and more integrative account of what they teach us about group identity formation and responses to stigmatization.

A bottom-up comparison of responses to stigmatization

At the centre of this special issue is a three-way parallel comparison of responses to stigmatization strategies among members of ethno-racial minority groups in Brazil, Israel and the USA. These three cases were selected to maximize the differences in perceived discrimination across cases, the latter being an indicator of the strength or permeability of boundaries across national contexts. The selection was based on a comparison by Lamont and Bail (2005) of the relative strength of social boundaries in various realms (labour market, spatial segregation, etc.) as well as that of symbolic boundaries (pertaining to collective identity) across half a dozen countries. We hypothesized that *overall*, perceived discrimination, and by extension, the range and salience of anti-racist strategies, would be greater for Muslim Palestinian citizens of Israel than for *negroes* in Brazil, for whom interracial sociability and interracial sexual relationships are relatively frequent. We viewed the American case as an intermediary one, one where racism would be very salient, but also one where inter-group boundaries would be weaker than in Israel, with different patterns of responses.

The papers on these three national cases that are included in this issue are not explicitly comparative – the comparison is fleshed out in a collective book in preparation. However, each was developed against the background of the other cases. When read against each other, these cases provide a diverse panorama of responses to stigma as well as an

understanding of how these are shaped by the position of the various groups in the national historical narratives.⁷

This issue also includes papers that concern other cases, which together broaden even further our understanding of responses to stigmatization. These responses concern, for example, how some Middle-Eastern immigrants change their names to increase their integration in Sweden (Bursell in this issue) and how Afro-Caribbeans who live in France understand the place of slavery in French history, knowledge that influences their definition of their membership under a French republicanism that continues to deter acknowledgement of racial discrimination (Fleming in this issue). Both cases illuminate aspects of incorporation that remain invisible when observed through an assimilationist model – including a form of *pragmatic assimilation* in Sweden. Moreover, we consider how structural constraints, global forces, cultural repertoires and macro-level forces constrain responses to stigmatization (Mizrachi, Drori and Anspach 2007). Conversely, Fleming, Lamont and Welburn (in this issue) document the relative salience of ‘confronting’ and ‘deflating’ conflict as responses to stigmatization and consider some of the meanings associated with these approaches, drawing on the tools of cultural sociology.

Stigma and misrecognition across cultural contexts

In all the sites studied, members of stigmatized groups appeared to confront the tension between the emotional outcomes resulting from stigmatization (anger, pain, feelings of worthlessness, humiliation, loss of dignity, etc.) on the one hand, and the need to gain recognition as an individual and as a member of a group on the other. Their responses included individual and collective strategies. Studying middle-class and working-class men and women living in the New York suburbs, Fleming, Lamont and Welburn found that African Americans obtain recognition and maintain dignity by changing the negative meanings associated with their group through ‘educating’ the ignorant and managing the self, so as to not confirm stereotypes and to protect oneself. Their individual strategies were constrained by definitions of the situation – what respondents believe is possible and doable given their needs and dependencies on resources. They were also enabled by a widely available repertoire concerning the pervasiveness and unfairness of American racism.

Also concerned with individual strategies, Welburn and Pittman consider the paradox that while very attuned to discrimination and racism, African Americans focus on ‘motivational factors’ for individual achievement. They found that these explanations are in tension with their shared experience as victims of discrimination, which leads them to emphasize structural explanations for success – resulting in a

dual consciousness that is fed by shared historical experiences as well as belief in the American dream.

Turning to an isolated small-town community in Northwestern Ontario, Canada, Denis considers collective responses to stigmatization by drawing on extensive ethnographic evidence. He studies relations between Aboriginal (First Nation and Métis) and non-Aboriginal (predominantly white working-class) residents. He finds that the majority group (mostly Euro-Canadians) used a laissez-faire approach to retain the social distance between themselves and the region's stigmatized native population. Denis explores how both sides used, or avoided using, racial markers in negotiations over utilization of public resources. Whereas white residents gingerly avoided the rhetorical use of overt racial markers, the natives were less hesitant to do so when they found such comments to be strategically useful. By showing how a minority 'stigmatizes the stigmatizers', Denis's ethnography provides a dynamic account of responses to stigmatization that takes into consideration how such responses are shaped in interaction.

In other sites, references to national identity are central to the cultural repertoires that respondents mobilize to anchor their responses to stigmatization. For example, as Mizrachi and Zawdu reveal, Ethiopian Jews in Israel, who are blacks phenotypically but Jews culturally, use the Zionist national narrative to neutralize the stigma associated with blackness. They define themselves as 'just another' group of Jewish immigrants participating in the resurrection of the Jewish nation. In contrast to African Americans, they frame their responses to stigma in a national- rather than a market-oriented discourse. Similarly, the paper by Mizrachi and Herzog compares the cases of the Ethiopian Jews with those of Mizrachi (Oriental Jews) and Palestinian citizens of Israel. It shows that Ethiopian and Mizrachi Jews alike deny stigmatization by mobilizing the state's melting pot ideology as a cultural tool. While Ethiopian Jews downplay their phenotypical stigmatization, Mizrachi Jews downplay the stigma attached to their ethnic and cultural origins, associated with their arrival from Arab countries and consequent low status. Unlike the two other groups from Israel mentioned, Mizrachi Jews have more leverage regarding their full integration into the dominant society based on their uncontested Jewishness. This contrasts strongly with Palestinian Arabs' responses to stigmatization. Positioned outside the national narrative and collective identity, Palestinian citizens of Israel seek to maintain their dignity as the 'ultimate other' within the unique geopolitical context of the ongoing violence and deep-seated animosity characterizing relationships between Arabs and Jews in the Middle East.

According to Silva and Reis, ordinary working- and middle-class Brazilians embrace 'racial mixture', not as a national myth but as a cultural practice that allows racial boundaries to be contextualized rather than taken for granted. As a consequence, racial mixture acts as a less exclusionary and less politically loaded cultural tool for achieving inclusion than does shared religion in Israel. If Brazilian respondents acknowledge the existence of racism and racial inequalities, they mobilize racial mixture to de-essentialize racial categorization as, for example, in the idea that all Brazilians are 'a little black'.

Personal recognition and participatory destigmatization strategies

'The management of self' across sites hinges on factors related to resources, whether national or economic. Middle Eastern immigrants in Sweden and Palestinian citizens of Israel seek to neutralize the more impermeable symbolic and social boundaries to participation in the greater society without sacrificing their bounded identities. And these two groups operate in entirely different sociopolitical environments.

Palestinian Arabs have a group identity that is in constant tension with their identity as non-Jews, on which hinges the collective myth of the Israeli nation, as well as their assumed identification with external enemies. Mizrachi and Herzog show that Israeli Arab responses to stigmatization often involve de-politicization of social difference and mobilization of Jewish members in their social networks, an approach that blurs the boundary between themselves and Jewish Israelis by referring to universal human traits. This strategy does not deny their ethno-religious identity, which remains explicit and firmly differentiated from that of the Jews. Alternatively, Bursell shows that in Sweden, Middle Eastern immigrants often seek to *camouflage* their collective identity in the public sphere by using *pragmatic assimilation*, a strategy involving changing a basic ethnic marker, their names. This strategy enables them to retain their collective identity in the private realm while simultaneously enlarging their chances of participation as equal members in the labour market. Recognition is thereby achieved by altering identification criteria, a strategy that would be inconceivable for Palestinian Arabs in Israel given the politically loaded group divisions.

History, collective narratives and place in time

The cases of Afro-Antilleans in France (Fleming) and Ethiopians in Israel (Mizrachi and Zawdu) illustrate the multiple roles of history and citizenship when responding to stigmatization. In both cases, the re-framing of the group's history provides a remedy for stigmatization.

According to Mizrachi and Zawdu, the depiction by Ethiopian Jews of their historical experience and contemporary status is made compatible with the state's melting pot ideology: they affirm their citizenship and belonging in the Zionist state by making it comparable to that of other immigrant groups. They apply the Zionist national narrative when claiming the right to equal participation while neutralizing the stigma associated with their blackness in their daily lives. Although phenotype remains a strong stigmatizing marker, the meaning of blackness is filtered through a national ideology that defines the polity and the place of groups in it (including the place of stigmatized groups).

For her part, Fleming compares two groups of mnemonic entrepreneurs who offer alternative frames for making sense of blackness in France. Referring to their experience in France's Caribbean colonies, some Afro-Antillean activists interpret the history of slavery in a way that is compatible with French republicanism: they downplay racial domination and their racial identity but highlight the universalism central to civic ideology. They aim to 'rehabilitate' the image of the black slave by demanding 'symbolic reparations' from the state in the form of commemoration rituals and an official redefinition of slaves as 'victims'. Another, competing, group of black activists adopts a pan-African perspective and emphasize blackness and the traditional (African) geographic origins of former slaves when defining their place and meaning of blackness in contemporary France. They affirm the blackness of victims and stigmatize 'whites' as the oppressor.

Finally, in her comparison of individual responses to racism in Brazil and South Africa, Silva reveals how ordinary people use history in their folk understandings of racism and remediation. She shows that varied explanations for racism (grounded in history and/or human nature) lead to different conclusions about remedies and possibilities for social change.

Concluding remarks

We believe that this special issue provides a panoramic view of responses to stigmatization by ordinary people and offers a novel research agenda. As this introduction demonstrates, the contribution results from a shared conceptualization that animates our past work and our coordinated case studies. We extend the literature horizontally and vertically by combining a close analysis of daily responses to stigma and cross-national analysis. This is essential if we are to better understand the processes of making and unmaking group boundaries, which result not only from public policies and state action, but also from ordinary people doing extraordinary things.

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Notes

1. We use the term 'ethno-racial' to refer to groups that are discriminated against due to their phenotypical characteristics or ethnicity and their associated markers (such as expressive culture, religion and language).
2. The notion of 'everyday response to stigmatization' is inspired by Essed's (1991, p. 50) notion of everyday racism as '...integration of racism into everyday situations through practices that activate underlying power relations.' It also expands on Aptheker's (1992) definition of anti-racism as rhetoric aimed at disproving racial inferiority. For a discussion of everyday anti-racism, see Pollock (2008).
3. See Pinel (1999) on 'stigma consciousness', and Clark et al. (1999) on how minority groups cope psychologically with the 'perceived stressor' of racism and prejudice. See Link and Phelan (2000) for a broader review of the literature on stigma, which is most often concerned with the stigma of 'stressors' such as mental illness and physical handicaps, and their impact on health.
4. See Fredrickson (2001) on racism in South Africa and Brazil, Marx (1998) on the USA, Brazil and South Africa, Lentin (2004) on comparative anti-racism in Europe, and others.
5. Space limitation precludes a comparison of our approach with the influential critical discourse analysis approach to racism (e.g. Wodak 2001).
6. While Bourdieu discusses recognition and misrecognition in terms of struggle for legitimacy and symbolic violence in fields, we are more concerned with the moral aspects of recognition, i.e. the assertion of human worth and dignity (see Honneth 1995).
7. See Rivera (2008) and Saguy and Ward (2011) for complementary studies of responses to stigma.

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